

# HALIFAX metro®



## Nova Centre construction can begin

Pace of development? Still to be determined

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## Film-festival frenzy

More Atlantic Canadian movies will screen than ever before — including a 3D short

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## Not like on the discovery channel?

Aubrey Plaza talks about talking about her new teen sex flick

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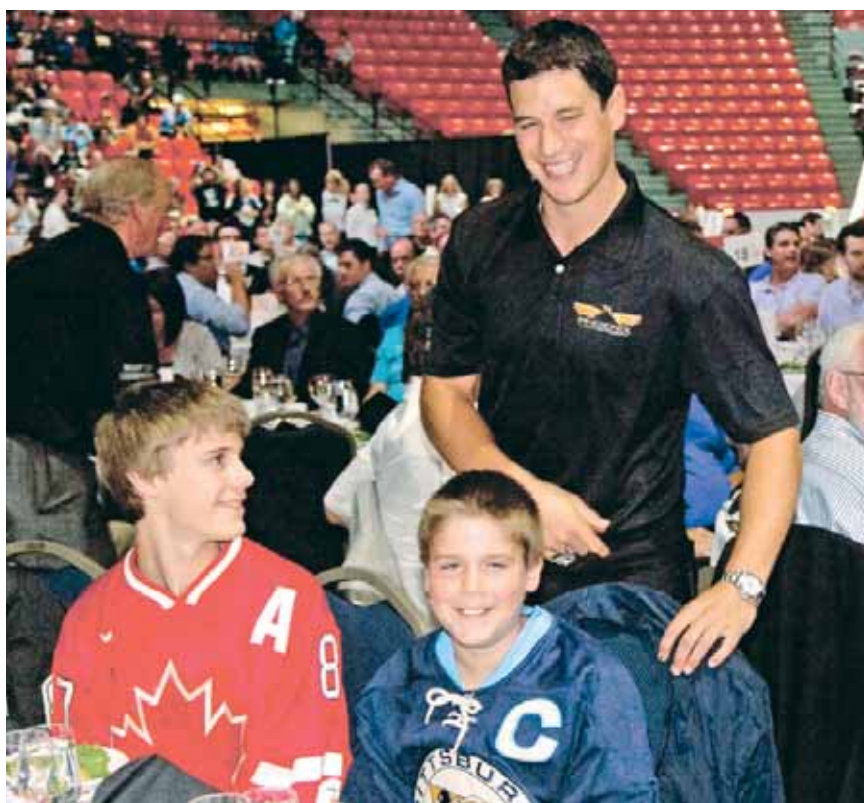
## NAME THAT TOT

JAMES? ARTHUR? FRED? NOW THAT IT'S OUT, WHAT SHALL WE CALL HIM?

PAGE 10



# Cup winners put on a show for charity



Cole Harbour's Sidney Crosby takes his seat for dinner at the Phoenix Night of Champions event at the Halifax Metro Centre on Tuesday. JEFF HARPER/METRO

## Birds of a feather.

Crosby, Marchand among local NHL cast to take part in Phoenix Night of Champions

Sharing the Halifax Metro Centre with Sidney Crosby and Brad Marchand at Tuesday's Phoenix Night of Champions fundraiser was enough for Chris Masson.

But the pair of local NHL stars had a simple encouraging message for the young audience that the resilient 19-year-old took to heart.

"They just said not to give up on your dreams," he said, "and to hear that coming from them meant a lot."

In the past two years, Masson has gone from being homeless to healthy, living on his own and well on his way to earning a Nova Scotia Community College business administration diploma.

He's never felt better, and says he owes much of his success to Phoenix House, which Tuesday night's event supported, bringing in 13 Nova Scotian Stanley Cup champions together to tell their stories.

For Ottawa Senators' head coach and Antigianish na-



A fan checks out silent auction items during the Phoenix Night of Champions event. JEFF HARPER/METRO

tive Paul MacLean, attending in support of the non-profit, community-based organization that helps at-risk and homeless youth was a no-brainer.

"Maybe I haven't had the adversity that some people face," said MacLean. "I know a lot of people have helped me, so it's important to give back, and coming here for an evening isn't a very difficult thing to do."

Crosby, who says he is 100 per cent healthy and has been training with Marchand, was his usual self-deprecating self.

"Growing up in Cole Harbour, I always looked up to the local boys, always wished to grow up in their path, follow in their footsteps," he told the

crowd. "That being said, I feel very proud and fortunate."

Al MacIsaac, vice-president of the 2013 Stanley Cup winning Chicago Blackhawks, spoke about the 12-month grind of managing the franchise, while former New Jersey Devils' assistant captain Colin White reminisced about the honour of being a leader with the respected franchise as well as playing with the legendary Scott Niedermayer.

"He could skate and skate and never got tired," said White. "He was a quiet leader on and off the ice. I always looked up to him."

ANDREW RANKIN/METRO

More coverage, page 18



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Near East Preston

## Man killed in motorcycle crash

A 39-year-old man is dead after his motorcycle crashed near East Preston on Tuesday afternoon.

RCMP said just after 2:30 p.m. on Highway 7, the motorcyclist attempted to avoid a turning vehicle but lost control and crashed. He suffered life-threatening injuries and died in hospital.

Halifax RCMP spokesman Cpl. Scott MacRae said the road conditions were wet at the time but it is up to the RCMP traffic analysts to determine the cause of the accident.

Traffic was closed off in the area into the evening as police investigated.

Tuesday's rain and cloudy weather accounted for a handful of other collisions around HRM, but no serious injuries were reported.

Around 3:30 p.m. there was a two-vehicle crash between exits 5 and 6 outbound on Highway 103, which also tied up traffic, said MacRae.

Just before 5 p.m. there was a collision on Hammonds Plains Road near Uplands Park between two cars, and at the same time one car went off the road on Highway 102 near Enfield.

MacRae said it's so important to remember to slow down when the weather turns bad.

"Slow down, keep your focus on our roads and use extra caution, especially when the road conditions may change with rain," he said. "The visibility may be reduced." **HALEY RYAN/METRO**



Workers continue to dig out the foundation on Tuesday of what will be the Nova Centre. JEFF HARPER/METRO

# Some construction can begin on Nova Centre

**Given the go ahead.** Council approves request for provincial intervention criticized by other developers as 'special treatment'



**RUTH DAVENPORT**  
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Halifax regional council has approved a measure that will allow construction of the new convention centre to partly proceed while the developer gets approval for changes to the design.

The design of the Nova Centre has changed considerably as a result of public con-

sultations held from July to December 2012, according to a staff report, and developer Joe Ramia will need amendments to the downtown planning regulations before moving ahead with construction.

Approval could take up to eight months, threatening to derail plans to host conventions in January 2016.

City staff is recommending that HRM ask the province for a Statement of Interest, which will allow construction to begin immediately on underground parking and the lowest level of the centre.

"The motion today is ... about a process of amending the plan so the centre we get is the centre the public consultation has requested," said Coun. Wayne Mason Tuesday.

Several councillors said



The design for the new Nova Centre. CONTRIBUTED

they'd been contacted by developers who claim Ramia is getting special treatment.

"I'm all for proceeding as quickly as possible whenever we can, but just as long as we're fair to other developers in the future," said Coun.

Matt Whitman.

CAO Richard Butts said the circumstances that made the Statement of Interest necessary were so rare, they weren't likely to be repeated — and added the city routinely works with developers to address expediency.

"We give them all kinds of consideration.... I've got three or four on the go right now, we're trying very hard to expedite their timelines and approval processes," said Butts.

Other councillors pointed out that the expedited measure is necessary only because of the public consultation.

"The public are always complaining that nobody listens to them. So in this instance, the developer is listening," said Coun. Gloria McCluskey.

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## Cape Breton. Three killed, several injured after car slams into ditch

People in a small community in western Cape Breton were grieving the loss of three young men Tuesday who died after their car veered off a coastal road and slammed into a ditch.

Police said the compact Toyota Echo went into the ditch in Harbourview at about 11:30 p.m. Monday, ejecting all but one of the seven people in the car.

RCMP Cpl. Scott Williamson said the Jaws of Life had to be used to rescue the person trapped in the car.

Police have not identified the men, but people who knew them said two of the three who died were brothers. The RCMP would only say that a 17-year-old boy and a 19-year-old man were pronounced dead at the scene.

A 20-year-old man died before an air ambulance was able to take off for Halifax. The others in the car were between the ages of 16 and 21, Williamson said.

### Investigation

A traffic reconstructionist was examining the site to determine how fast the car was travelling at the time.

- He said investigators will also inspect the car and speak to the survivors when they have been cleared by doctors.

Allan MacMaster, the member of the legislature for Inverness, knows the two brothers and said they were from nearby Judique, a community of about 700 people.

"Everybody's very sad," he said from his office. "They're good, young people. The boys I know would always have a smile for you.... We're just very sad to hear what's happened."

The third victim was from the nearby Port Hood area, MacMaster said.

CAPE BRETON POST

## No property damage. Six fires deliberately set in north-end Halifax: Police

Halifax Regional Police say they are investigating six fires that were deliberately set in north-end Halifax this week.

Police say on Sunday, firefighters responded to a brush fire in the 3800 block of MacIntosh Street. Then on Monday, police say five more calls came in from the same area involving brush and dumpster fires.

All of the fires were quickly put out and there was no damage to any property. Investigators believe the fires

### Person of interest

Police say the man they want to speak with is described as white, in his 30s and sporting a scruffy beard. He was seen wearing a black T-shirt, black shorts and was riding a bicycle.

were deliberately set and are looking to speak with a man seen in the area at the time two fires were set.

METRO

### Incorrect photo

## Correction for yesterday's story on 2010 murder

A photo of Nova Scotia Liberal Leader Stephen McNeil was incorrectly used with a story in Tuesday's Metro Halifax about a three-year-old Halifax murder case that remains unsolved.

Metro regrets and apologizes for the error.

METRO

### Drug, weapons offences

## Man charged following search

A 20-year-old Upper Sackville man is facing charges after police say they seized everything from crack cocaine to a bulletproof vest during a search of a home on Monday.

Damien Collins has been charged with drug trafficking, possession for the purpose of trafficking and weapons offences in relation to the search. METRO



HRM's Otter Lake landfill is shown in this photo from earlier this year. JEFF HARPER/METRO

# Landfill consultation process not passing the stink test?

**Otter Lake.** Councillors annoyed community watchdog group hasn't been engaged; city staff says it will be

### Quoted



"This council, not staff, not consultants, is accountable ... for the quality of the public consultation, and if that is to show good faith by first consulting with the community, that motion still stands." Coun. Reg Rankin



RUTH DAVENPORT  
ruth.davenport@metronews.ca

A rift between city staff and regional councillors over a proposal to strip the Otter Lake landfill of environmental protections appeared to deepen during an animated debate Tuesday.

Coun. Reg Rankin asked council to rescind a Feb. 5 motion directing staff to launch public consultation on recommendations to remove the front-end processor (FEP) and waste-stabilization facility (WSF) from the landfill.

Rankin said the motion directed staff to meet with the landfill's Community Monitoring Committee before beginning the public consultation process — which hasn't happened.

"I don't know what the difficulty is in understanding that instruction," said Rankin. "I plead for nothing less than for the recognition of the valid interests of the affected host community in this consultation process."

CAO Richard Butts told council a tender to design the

public consultation was awarded last week, and said the CMC will be consulted as part of that process.

However, other councillors said the motion — which directs staff to "initiate public consultation ... beginning with the Community Monitoring Committee" — was to have the committee consulted even before getting this far.

"The process has already been established and the CMC is being invited into a process that's already been established, as opposed to being engaged

in the actual rolling-out," said Coun. Jennifer Watts.

The dispute peaked when city solicitor Marty Ward suggested a written agreement between the city and host community committed to environmental protections, but not the FEP and WSF specifically.

Rankin directed a tirade at Ward that eventually prompted Mayor Mike Savage to chastise him.

"It was explicit language on the WSF-FEP," said Rankin heatedly, before Savage cut his microphone. "I know what the community and ratifiers of that agreement, how they understood it in 1997. So let's not go down that road of obfuscation and equivocation."

Rankin's motion of rescission was defeated, and council approved a motion from Coun. Barry Dalrymple requiring staff to provide monthly updates on the public consultation.

## New transit terminal coming to Lacewood Dr.

City staffers can go ahead with the design and construction of a new transit terminal on Lacewood Drive, now that council has approved the location.

Councillors voted unanimously Tuesday in favour of the recommended site, behind the Canada Games Centre.

"This terminal's been a long-awaited decision," said Coun. Russell Walker. "I'm pleased to put it forward. We do need it."

The terminal was originally approved for a location on

Willett Street, which didn't sit well with local residents.

On the new location, Metro Transit director Eddie Robar said the new terminal will be able to handle 12 buses at one time, which will allow significant improvements to local service.

"As it stands, the facility that we're using is really just a street station and it has no expandable capacity whatsoever," he said.

A public session on design of the new terminal is expected to be held in early fall.

RUTH DAVENPORT/METRO



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### 2011 CHEV SILVERADO



LTZ!!!!

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SUPERCREW, FX4 ECOBOOST

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### 2010 CHEV EQUINOX



4 CYL, FWD

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SPORT APPEARANCE

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# Film festival focuses early spotlight on Atlantic fare



Atlantic Film Festival executive director Wayne Carter is shown in this file photo. The AFF has announced its lineup of Atlantic Canadian films in this year's festival. JEFF HARPER/METRO

**AFF.** Organizers hope to improve access with advance lineup announcement

The upcoming Atlantic Film Festival is sure to skate circles around previous years, with more Atlantic Canadian shows than ever before.

On Tuesday, the 80 films in the Atlantic Canadian lineup were announced in Empire Theatres Park Lane, a month ahead of the full listing.

"Usually we're challenged with people getting seats and screenings selling out, so we wanted to announce our program early," said Wayne Carter, executive director of the AFF, after the event.

"If there are films that are doing particularly well, we can schedule another screening ... before we've actually locked (it)," he said about the Sept. 12 to 19 festival.

## Get your tickets

Tickets for the Atlantic Canadian screenings are available at [atlanticfilm.com](http://atlanticfilm.com).

Caley MacLennan learned a week ago that his 3D short film, focused on a couple arguing about a Sasquatch sighting, would be in the program.

MacLennan said the smaller film scene in Nova Scotia and the AFF's "open door" policy creates a comfortable atmosphere for directors and actors.

"They're always (eager) to try new things," MacLennan said, referring to his short *You Never Take Me Seriously*. "If I were in Toronto, I wouldn't have the opportunities I have here."

The opening-gala show is Don McKellar's *The Grand Seduction*, which follows the story of a small village attempting to lure a doctor to work there and save the lo-

cal from financial ruin.

It features *This Hour Has 22 Minutes* stars Mary Walsh, Cathy Jones and Mark Critch alongside Gordon Pinsent.

"The cast you can't possibly miss," said Carter.

But it's not all about theatres. Carter said that this year the festival is hosting a night on the Emera Oval, where previous winners of the 10 x 10 music-video contest will be shown on a big screen for free.

"It's like a music event and we encourage people to bring their roller skates," Carter said. "It's going to be a fun night."

Festival program director Jason Beaudry said narrowing the Atlantic films from 260 to about 80 meant looking at movies in terms of a collection, and what worked well together.

"We want to make sure that popular films are excellent, and excellent films are popular," Beaudry said.

HALEY RYAN/METRO

## Wolfville funeral to pay tribute to artist Colville

Alex Colville, a man whose iconic art captured so intimately the lives of others, will be memorialized Wednesday when family and friends gather in Wolfville to pay their respects.

The non-denominational funeral service will be held at Manning Memorial Chapel at Acadia University, where Colville once served as chancellor.

Longtime friend James Perkin, who is expected to speak at the service along with Colville's son Graham, said he hopes to shed light on

the man behind the easel.

"One of the surprising things about Alex ... although he moved at the highest international levels (in) regards to his art, he was a very ordinary person," Perkin said in an interview Tuesday.

"He did not give himself airs.... He always remained courteous, to the end."

The chapel can accommodate about 100 people, but university spokesman Scott Roberts said another 900 or so will be able to watch the service at nearby Convocation Hall. It will also be streamed

live on Acadia's website.

Roberts said the service will be simple, with a couple of hymns and a song by a soloist. A reception will follow on campus.

Colville died July 16 at his home in Wolfville from a heart condition after years of coping with a variety of health issues. He was 92.

A renowned painter, engraver, sketch artist and muralist, Colville was known for capturing the simple, tranquil moments of everyday life on canvas.

His work reached millions

## Family

Alex Colville is survived by daughter Ann and his two sons, Graham and Charles. His wife Rhoda Colville died last December at the couple's home.

through art galleries, magazines, book covers, postcards, posters, television, coins and even the cover of Bruce Cockburn's 1973 album *Night Vision*.

THE CANADIAN PRESS



Gov. Gen. Adrienne Clarkson presents Alex Colville with the Laureates of the Governor General's Awards in Visual and Media Arts during a ceremony at Rideau Hall in Ottawa in 2003. DAVE CHAN/THE CANADIAN PRESS

## Study

### Province mulls turning old school into arts centre

The province and the Cape Breton Regional Municipality are launching a study to look at converting the former Holy Angels Convent and High School in Sydney into an arts centre.

Tourism Minister Graham

Steele says the \$100,000 study is intended to help develop a centre for Cape Breton-based artists where they can work, rehearse and perform.

Steele says the study is an important step for community development corporation New Dawn Enterprises, which bought the school in May, to come up with a plan to support the local arts-and-culture sector.

THE CANADIAN PRESS

## Churchill Falls

### Hydro-Quebec challenge will fail, says N.L. premier

The latest skirmish in the energy wars between Quebec and Newfoundland and Labrador has erupted as premiers are set to gather for what could be a tense meeting in Ontario.

N.L. Premier Kathy

Dunderdale says she won't shrink from raising issues related to a legal challenge that she blasted Tuesday as "desperate" and "arrogant" with her Quebec counterpart Pauline Marois.

Dunderdale told reporters outside the legislature that she has every confidence a motion filed Monday by Hydro-Quebec in Quebec Superior Court will fail.

The legal challenge involving the Crown-owned

utility's rights to access energy from the Upper Churchill dam is an attempt to foil the Muskrat Falls hydro project in Labrador, she said. THE CANADIAN PRESS

## SIRT

### Cops cleared after woman injured

The Serious Incident Response Team says two Hali-

fax officers used reasonable force when a woman's arm was broken during an arrest in March.

SIRT says the HRP officers were called to Highway 111 in Dartmouth on March 4 after a woman was seen jumping in front of cars.

SIRT says she appeared to be suffering from a mental illness and the officers believed she was endangering herself and others.

THE CANADIAN PRESS

# 'It was like a sauna': Rescuer

**Another dog left in a hot car.** Wolfville man heartbroken after trying to save its life

John Cummings felt like his heart was broken after a dog he attempted to rescue from a car in Wolfville died over the weekend.

He heard a commotion as people gathered around a Volkswagen parked in an Acadia University parking lot on Sunday. A Portuguese water dog was in distress inside.

A woman had spotted the dog a few minutes before, called the Kings RCMP to report it and then began asking other people in the vicinity for help.

"She heard a yelp — it

## Quoted

**"We were all pretty traumatized."**

**John Cummings**

On a dog who died after being left in a hot car.

must've been the dog's last breath," Cummings said. "It wasn't even moving at that point."

He used a hammer he had in the trunk of his nearby car to break the window of the vehicle. It took three swings with all his power, he said, to smash the glass.

"It was like a sauna," he said, adding that hot air gushed out of the parked car. "The windows weren't even rolled down a crack. It must've been 40 degrees in the car. The windows were wet."

A friend reached through the broken glass to unlock the door and they carried the dog into the shade. Cummings ran for eight litres of water, which they poured on the dog to try to cool it down. Someone else gave the dog mouth-to-mouth while Cummings tried to reach a vet and Acadia Security for help.

"We acted immediately," he said, estimating it was only a few minutes after the dog was spotted before it was out of the car.

A 36-year-old Lunenburg man, the owner of the dog and the registered owner of the vehicle, was later located nearby. Police say he was attending a convention.

The police investigation into the matter is continuing and charges are pending.

KINGS COUNTY REGISTER



## Two-car crash holds up afternoon traffic

Police were on the scene of a two-vehicle crash on Quinpool Road on Tuesday afternoon. No one was injured, but it caused some traffic delays. JEFF HARPER/METRO

## Canoeists blown offshore. Six teenagers rescued from Northumberland Strait

Six young canoeists were rescued off the coast of north-eastern Nova Scotia on Tuesday when they were blown offshore by high winds in one of two rescues at sea in the province.

One of those rescued is an 18-year-old woman while the other five are girls between the ages of 14 and 16.

A spokesman for the Halifax joint rescue co-or-

dination centre says the canoes, which belonged to the Big Cove YMCA camp, were about one kilometre offshore from Pictou at the time of the rescue.

Maj. Martel Thompson says two of the canoeists were rescued by a Cormorant helicopter sent from Greenwood, while the remaining four were rescued by inshore coast guard boats.

He says no one was injured.

Thompson says the rescue centre also responded to a call Tuesday from the fishing boat All Seven off the coast of Sable Island.

He says a passing ship, the British Serenity, picked up the three crew members from a life-raft after their fishing boat took on water and sank.

THE CANADIAN PRESS

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## On the right track

## Roberta Cowell

Race car driver, former Second World War pilot and father of two, Roberta Cowell, now 95, was born Robert Marshall Cowell.

Growing up with signs of hermaphroditism, Robert had feminine qualities such as wide hips, narrow shoulders and undeveloped but apparent breasts. "I had always known that my body had certain feminine characteristics," she wrote in an autobiography titled *Roberta Cowell's Story* (British Book Centre, Inc.) published in 1954.

Robert gained notoriety as the first known British transsexual woman to have sex reassignment surgery. Roberta was Robert until the age of 33 and then the transformation began.

We might be lucky to think that present-day society is accepting of all sexual identities. This hasn't always been so: "People are apt to hate as well as fear the unfamiliar," Cowell writes. **PHOTO: HANDOUT**



## Game changer

## Justin Fashanu

The world's first professional soccer player to publicly come out as gay, Justin Fashanu's story turned tragic in 1998 when he committed suicide.

"You have to understand that footballers are very narrow-minded people," the former Norwich City forward said in one interview. "It's the nature of the business. When you put yourself in the firing line, you are open to attack. I know I'm there to be shot down in flames."

At the time of his death in May 1998, he was charged with sexual assault and the accuser was a 17-year-old boy from Maryland, U.S. In a suicide note, Fashanu said the sexual relations were consensual, and believed he wouldn't get a fair trial because of his homosexuality. Fashanu was found hanged in a garage in London, England. He was 37 years old. **PHOTO: ALLSPORT UK / ALLSPORT**

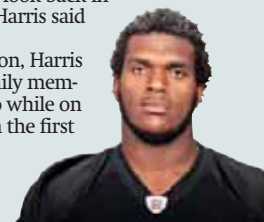


## Tackling the tough issues

## Kwame Harris

Jamaican-born former NFL player Kwame Harris, 31, was publicly outed in January following a highly publicized fight and legal battle with his ex-boyfriend Dimitri Geier. The former offensive lineman played for the San Francisco 49ers and the Oakland Raiders for six seasons. Harris described his conflict over whether or not to come out while he was in the league as "turmoil" and "despair" and regretted his decision to keep his sexuality private during his time in the NFL. "I didn't see those two things as being compatible, but now when I look back in hindsight, I could have done it differently," Harris said in a CNN interview.

After publicly stating his sexual orientation, Harris received an outpouring of support from family members and former teammates. Had he done so while on the professional league, he would have been the first and only NFL player to come out as gay. **PHOTO: GETTY IMAGES**



When basketball player Jason Collins came out early this year, he renewed the debate about whether openly gay players are welcome in the arena of professional sports. While others came before him — like David Kopay, Martina Navratilova, Ian Roberts, Mark Tewksbury, Gareth Thomas and Robbie Rogers — will locker rooms be the last closet?

# A level playing field?

## Team Tolerance.

Metro brought together a diverse group of athletes for a round table discussion on sports and sexuality

JENNIFER MELO

Metro Canada

More than 45 years after Pierre Elliott Trudeau declared the state had no business in the bedrooms of the nation, 21 years after Canada allowed gays and lesbians to serve openly in our military, and more than a decade since same-sex marriage has been legal across the country, Canadians may think we'd finally be able to stamp "paid" to the gay/lesbian/queer rights debate.

Sadly, we have yet to smash a significant barrier — the right for Canada's LGBT community to play community-league sports without the fear of literal and metaphorical locker room lockouts.

Dave Doucette, 41, played hockey until he was 16. He vividly remembers hearing gay slurs, disparaging remarks about women and talk that made him feel like an outcast. "F—ing faggots" and similar comments came out in the

dressing room and you're like, 'Oh God. I think I'm one of those.'"

Add the usual team pack mentality, where aggression and adrenaline are considered performance enhancing "drugs" and it's easy to see how homophobia can run rampant.

Eric Demarbre, 34, admits he was one of the bullies, picking on others when he played high school hockey. Even though he knew he was gay, he "didn't show it," alluding to stereotypical gay male behaviours. While Demarbre victimized others, he too suffered. "I never felt any feeling worse in my life than that. Like go-home-and-cry bad," he explained. "You're pretending to be one of them, and you're debasing yourself in that process just so you can fit in."

The women in our group tell me the experience is different in women's sports. Their sexuality didn't keep them from playing the sports they love.

But they didn't get off scot-free either. "My team and I went to Montreal for a tournament and we stayed overnight," remembers Ana Oliveira, a 34-year-old soccer player from Brampton, Ont. "A couple of the girls said they didn't want to stay with me in the room because they didn't want me to touch them inappropriately. I said, 'Don't flatter yourself.

You're not my type.'"

Oliveira, who was supported by friends, family, coaches and teachers since she came out as a lesbian at the age of 17, said the experience was unexpected. "I was surprised at the comment, but I didn't let it get to me," she said. "They're ignorant and it was my job to just stop it there." On the field, the incident was forgotten. "We played. We were focused. We just wanted to play," Oliveira said.

Receiving an unwanted sexual advance in the locker room is perhaps the greatest unspoken fear in mixed (gay and heterosexual) teams. "I'm pretty sure it's the only thing that anyone's really worried about," Demarbre said.

But straight guys should stop worrying, says Doucette. "I play on an all-gay hockey team," he says. "We're in the showers with a bunch of gay guys and nothing's happening so..."

Only one of our group came out while playing on a mixed (queer and straight) sports team. What would it have taken for the others to do so? "A miracle!" says Doucette. "Because of everything that's being said in that room, there was no way I was going to ostracize myself."

Change is happening, though. There is support for the LGBT community with organ-



Silver linings playbook: Will a day come when a player's sexuality won't get in the way of their game? ISTOCK



Putting bigotry on ice

## Angela James

Toronto-born Angela James, 48, is one of the first two women inducted into the international Hockey Hall of Fame, a seven-time gold medal winner, a top performer for Team Canada and "the Wayne Gretzky of women's hockey." She's also a lesbian, a wife and a mother.

James was inducted into Canada's Sports Hall of Fame in 2009, an occasion where she publicly acknowledged the roles of her partner, Ange, in her life and their three children. In an interview with Xtra!, James explained the significance of the event. "Until then, no openly gay athlete had ever been inducted into one of the major North American sports halls of fame. In fact, no current or former NHL player has ever come out." Today, James and her partner have three children. **PHOTO: GETTY IMAGES**



Kickstarting some compassion

## Alan Gendreau

Alan Gendreau, 23, became the first publicly gay athlete to enter the NFL draft in 2012. Out since he was 16, Gendreau had supportive teammates both during his high school football years in Apopka, Fla., and in his college football years at Middle Tennessee State. But not everyone was accepting of his sexual orientation. Gendreau was asked to leave when he brought a boyfriend to a church event. "It was like my family telling me I wasn't allowed to come home," the devout Christian said in an interview with Outsports, a website that provides resources and a community for gay athletes. "I'm a kicker that happens to be gay," Gendreau said in an interview with the New York Times. **PHOTO: GOBLUERAIDERS.COM**



Fight for your right

## Orlando Cruz

Ranked #4 featherweight by the World Boxing Organization, Orlando Cruz, 31, became the first active professional boxer to publicly come out on Oct. 4, 2012, declaring in a statement, "I have always been and always will be a proud gay man."

In an interview with The Associated Press, the former Olympic athlete for team Puerto Rico said, "I developed physically and mentally to take such a big step in my life and in my profession ... knowing that it would have pros and cons, highs and lows, in this sport that is so macho. I kept this hidden for many, many years."

Supported by family, his trainer and his manager, Cruz is a role model for kids and his message is one of empowerment: Who you are and who you love should not impede your life's achievements.

**PHOTO: GETTY IMAGES**



# 'I never in my life felt bad for being gay'

## Don't hate, just skate.

She's an accomplished and respected hockey player, a two-time Olympic gold medallist, and, she's a lesbian. Find out what makes Sarah Vaillancourt a role model for women both in and outside of the LGBT community.



Sarah Vaillancourt, Tessa Bonhomme and Rebecca Johnston of Canada celebrate with gold medals at the 2010 Winter Olympics. **BRUCE BENNETT / GETTY IMAGES**

I don't think I allow people to be homophobes around me either, so...

### How do you do that?

Stand up for yourself. Be proud of who you are. And know that you're not alone.

### Did you have any lesbian role models in sports?

Not in sports, but in my family. Two uncles and one aunt are gay. Even in that generation, they always brought their significant others with them to Christmas parties. Ever since I was born they had the same partners and still do today ... my aunt is almost 70. They're not athletes, but they're amazing role models for me and for my family. My grandpa and grandma were really ahead of their time. I give them a lot of credit. It had a really positive impact on me too. I never in my life felt bad for being gay.



Dave Doucette and round table facilitator Jennifer Melo.

### Who's it gonna be?

"I actually think it's going to be a grassroots kid who changes the professional sports world. It's gonna be some kid who's just amazing at his sport and it'll be like, 'Oh, he's gay.' And then nobody's gonna be able to say anything about it."

**Eric Demarbre**  
On whether or not professional athletes will change the future for players on grassroots levels.



Eric Demarbre

submissive.

Strong role models can help. "You hear about kids being bullied and beat up and ostracized, so to have someone to look up to is really important," says Lela Kouyoumdjian, 38, who plays for the Toronto Soccer Association and Pink Turf soccer league.

Today, Jason Collins is the only major league athlete to come out while still in the game. "I think there's a lot of paving still to be done," Kouyoumdjian says. "When someone like Collins comes out, it's very courageous; it's very brave. And we need more people to do that."

We can all make a difference, however, and we can start by choosing our words with care. "It's words like lame and retarded and gay," says Doucette. We can work on "eradicating these words that people fluff off and don't consider as damaging — except by the people they're being thrown at."

### JENNIFER MELO

Metro Canada

The 28-year-old retired from Canada's national women's hockey team a month ago, after undergoing years of hip and hernia surgeries from sport-related injuries. Today, Sarah Vaillancourt, from Sherbrooke, Que., continues to follow her heart, coaching teen athletes, pursuing a master's degree with a goal to becoming an ESL teacher and building a house with her girlfriend.

In this exclusive interview, Vaillancourt shares her thoughts on living proud.

### What do you think of NBA player Jason Collins' decision to come out publicly?

It's really brave and if more athletes had the courage to do it, it would become something so normal that we wouldn't even have to say it out loud.

### Why do you think so few pro athletes come out?

A lot of athletes are afraid to be seen differently. And they want to be known more for their athletic performances than their sexual orientation.

### Do you think sponsorship and endorsement opportunities would increase or decrease after coming out?

Unfortunately, I think they'd

decrease. But I strongly hope and wish that at some point, it doesn't matter ... you get sponsorships for the person and the athlete that you are, regardless of your sexual orientation.

### What was behind your decision to come out publicly?

To help people suffer less and give them strength.

When I was at Harvard University someone committed

suicide, another person tried to, and I later heard that they were homosexuals. Something like that rings a bell in your head. If I can help people come out and be who they want to be — and be who they are — if I can save one or two lives, that goes a long way.

### Have you ever experienced homophobia?

No, never. I've been really lucky.



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## Let it be free. Survivors of Lac-Mégantic disaster invited to see Sir Paul

Hearing music icon Paul McCartney play Tuesday night on Quebec City's historic Plains of Abraham is a little more special for Caroline Tremblay than the average rock fan.

Her husband was a big admirer of the former Beatle.

Tremblay's husband, Guy Bolduc, was among the dozens killed when fireballs from an exploding train devastated Lac-Mégantic's downtown and engulfed the bar where he was performing.

"He adored Mr. McCartney," Tremblay wrote in a moving letter to promoter 3 E Event, Experience, Emotion, which offered free tickets to the musician's show for Lac-Mégantic survivors.

"You have allowed my children and me to discover the musical universe of this great artist and (a chance to) bathe in



Paul McCartney performs in Halifax in 2009. THE CANADIAN PRESS FILE

music at a party surrounded by our friends."

The free ticket idea was floated to McCartney's team by the promoter at the beginning of last week. The former Beatle's entourage quickly agreed.

THE CANADIAN PRESS

## Trains with dangerous goods. Transport Canada toughens safety rules

Canadian transportation authorities banned one-man crews for trains with dangerous goods Tuesday, responding to calls for tougher regulations after an oil train derailment in Quebec killed 47 people.

Transport Canada also said trains with dangerous goods will not be allowed to be left unattended on a main track. Hand brakes must be applied to trains left one hour or more.

The tragedy occurred when a runaway train carrying 72 carloads of crude oil derailed, hurtled down an incline and slammed into downtown Lac-Mégantic. Several cars exploded

### Tying up loose ends

"The disaster brought to light several industry practices which have caused some concern."

Gerard McDonald, assistant deputy minister of safety and security at Transport Canada

and 40 buildings were levelled.

Transport Canada also is giving rail operators five days to ensure nobody without authorization can enter the cab of unattended locomotives on a main track or sidings.

THE ASSOCIATED PRESS

### Premiers' summit

## More female leaders, but gov't still far from equal

When Canada's premiers sit down Thursday for their semi-annual summit, they'll be making history by changing the face of provincial and territorial leadership.

For the first time, there will be six women at the meeting in Niagara-on-the-Lake, Ont., representing about 85 per cent of the country's population. And at the head of the table will be Kathleen Wynne, who

was sworn in as Ontario's first woman premier just six months ago.

"I was just talking to a grandmother who was saying her granddaughter wants to be the prime minister," Wynne said in an interview.

"The fact is that it's very important that people see themselves represented."

But the appearance of gender equality can be deceiving, experts say. Even though six provinces and territories are led by women, female representation hasn't improved in the legislatures, said Christine de Clercy of the University of Western Ontario. THE CANADIAN PRESS



Safe in the arms of the Duchess of Cambridge, the new royal baby, born Monday, is introduced to the public at St. Mary's Hospital on Tuesday. THE ASSOCIATED PRESS

# Naming the U.K.'s next generation

## The first chapter.

British bookmakers have taken thousands of bets on the monikers George and James

### Branding for babies

"The public's image of this child could quite possibly be influenced by the baby's name."

Albert Mehrabian, a professor emeritus of psychology at UCLA and an expert on baby names

The Victorians. The Edwardians. The Elizabethans.

Royal names can define a generation. So imagine the pressure on the new parents to pick the right one.

Now that Prince William and his wife Kate have a baby boy — the third in line for the throne — they must choose the name for a royal who may take

Britain into the 22nd century. They'll start by considering British monarchs from the past.

Elizabeth I offered her name to the golden era in which Britannia ruled the waves and the Elizabethans consolidated a renaissance of national prosperity. Victoria's reign was defined by rapid industrialization with straight-

backed Victorian morality. Her son, Edward VII, lent his name to the champagne and cigar period before World War I in which the rigid class system came under attack.

"Names do define an era," said Robert Lacey, a royal historian, who has written books on Prince William's mother and grandmother. "Who knows as we look into the fu-

ture what will happen."

With so many people to please — inside and outside the palace walls — the House of Windsor is likely to pick more than one name for the boy who was born in London on Monday. After all, his father Prince William, a.k.a. William Arthur Philip Louis, has four. There may be a nod to great-grandfather Prince Philip, or grandfathers Prince Charles and Michael Middleton, Kate's father. Or King Arthur. Or a host of other dead kings.

But the first name, that has to hit the right note. It is likely to hang around a bit.

THE ASSOCIATED PRESS

## Baby could signify an open age of Royals



A boy waits outside the hospital where the prince was born. THE ASSOCIATED PRESS

This child, whatever his name, is likely to mark a watershed in the relationship between the royals and their subjects.

Prince William chose to eschew a royal match and married a commoner from the village of Bucklebury — continuing the process of making monarchy more accessible — an idea championed by his mother, Princess Diana.

The heir may give a name to a new century, to a country that has changed so much socially and philosophically that the daughter of a flight attendant and an air traffic controller is now in line to be queen.

"This is the historical element of this," royal historian Robert Lacey said. "Let us see how that is reflected in the names." THE ASSOCIATED PRESS



# Shopaholics' spending shocks economists



I'll take those in yellow, pink and black. Economists say a stunning jump in retail sales points to stronger economic growth. KEITH BEATY/TORSTAR NEWS SERVICE FILE

**In the mood to splurge.** Canadians indulged in some retail therapy, surprising experts and boosting expectations for economic growth

Canadian consumers went on a shopping spree in May,

triggering a stunning jump in retail sales that will almost certainly help boost second-quarter economic growth beyond expectations.

The raw numbers stunned economists that had expected a modest 0.4 per cent bump. Instead, Statistics Canada said the retail sector boosted sales five times that by 1.9 per cent

## Coming up roses

**"It's hard to say what happened, everything went right it seems."**

Jimmy Jean, an economist with Desjardins Capital Markets.

during the month to \$40.4 billion.

Particularly meaningful

for gross domestic product growth, sales in volume terms also expanded by 1.9 per cent, meaning the increase was not related to currency fluctuations.

"We're probably seeing a little bit of catch-up because since 2011 sales have been almost flat," said Jimmy Jean, an economist with Desjardins Capital Markets.

THE CANADIAN PRESS

## 'Wake-up call'

### Companies could face lawsuits for overseas incidents

Three lawsuits against a Canadian mining company over alleged shootings and gang rapes at a Guatemalan project will be allowed to proceed in Canada following a ruling that makes it possible for firms to face liability at home for incidents that occur overseas.

Lawyers for the plaintiffs, 13 Mayan Guatemalans, said the decision is a "wake-up call" for Canadian companies about their responsibilities at foreign mining projects.

"This step in the case uses existing legal rules that have not been applied in this way before," lawyer Murray Klippenstein said in an interview Tuesday. "Mining companies, and maybe other companies operating abroad, need to take a very, very, serious look at the possibility or likelihood that shenanigans abroad that they thought would never result in liability may result in accountability in Canadian courts."

THE CANADIAN PRESS

## Ongoing tiff

### Finance minister enters credit-card fees dispute

The federal finance minister is stepping into a fee dispute between merchants and the big credit-card companies after the Competition Tribunal sided with Visa and MasterCard in a landmark ruling.

Jim Flaherty said in he will convene a special meeting of the government's FinPay Committee.

THE CANADIAN PRESS

## Market Minute



**DOLLAR**  
97.23¢ US (+0.56¢)



**TSX**  
12,745.38 (-13)



**OIL**  
\$107.23 US (+0.29¢)



**GOLD**  
\$1,334.70 US (-\$1.30)

**Natural gas:** \$3.74 US (+0.07¢)

**Dow Jones:** 15,567.74 (+22.19)

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**Bacardi Superior White Rum**  
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\* Offer valid from July 15 - July 28 & August 5 - August 18

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**Canadian Club Whisky**  
SAVE \$1.50  
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# SHAMING THE COUCH CRITICS

The way I see it, our culture is separated into two groups: those who do, and those who watch. While most of us would rather be doing even half of the things we're watching, it's much safer to sit on high horses atop ivory towers in glass houses throwing stones and pointing fingers and such. It's like playing a game of truth or dare, only when it's our turn, we pass. How wonderful it is to keep our secrets hidden while watching others exposed, sitting in judgment, silently thanking the heavens that no one video-taped that drunken night in Thailand with the woman you can't be sure really was.

Hence our fascination with reality TV. We've gone from being spectators to a society of shameless voyeurs.

And though I try to be, I am no better. There was never enough alcohol to make me watch Jersey Shore, and every



**JUST SAYIN'**  
**Mike Benhaim**  
Guest columnist

brief foray into an episode of Keeping up with the Kardashians ended with me rocking back and forth in the fetal position praying for Armageddon. But I have watched my share of these shows, and the stench of that shame still lingers.

Even worse is the news. Reality stars sign releases, but when the media gets hold of a real scandal, look out! When it was discovered that Tiger Woods was having extramarital affairs, even the male newscasters sanctimoniously shook their heads in disappointment. Really? Where's Heidi Fleiss when you need her?

Now I don't condone cheating, but most men are barely shocked when a friend bangs the cafeteria lady at the YMCA, let alone a celebrity athlete shagging an exotic swimsuit model. Ladies, there are many respectable men out there, but at least a portion of every day is occupied by fantasies best unshared. Yet when someone acts on them and gets busted on Cheaters,

you can turn to your wife and say, "That's shameful."

And how many of us can sing as well as contestants on The Voice or American Idol? It doesn't stop us from critiquing their choice of arrangement or pitch. The couch is the new judges' bench.

Until recently, viewership has always been about the vicarious thrill of those we could only dream of emulating athletes, superheroes, models or rock stars. Now we spend our time peering into the dysfunction of people whose lives make us feel better about our own. That is, until we discover we've made them rich. Yeah, it's one thing watching strangers pinpoint their child's paternity on Maury Povich, but it's quite another when Honey Boo-Boo moves into the house next door. That's when we collectively unleash that torrent of negative energy that ultimately begs for their failure.

Again, I stand among you, guilty of the very transgressions I denounce. I simply wonder if our collective karma is not better served watching what inspires our highest doing, and affecting change from there. Just sayin'.

Paul Sullivan will return July 31.

## ZOOM

### It's a ribbiting piece of art



JOHANNES STÖTTER/BNPS/REX FEATURES

#### Baring it all for a photo shoot

It looks like a colourful tropical tree frog but on closer inspection you can see five human models adorned with body paint posing in dramatic forms so as to appear like a wondrous amphibian. Italian-born artist Johannes Stötter spends up to five months painstakingly planning and perfecting each work.

METRO

#### Adapting to canvas

Stötter, whose creations won him the World Bodypainting Festival title, said the key to success is to know when to pause and reflect on what to paint.

"If I paint on the model non-stop, I can't tell if the work is good or not. I have to pause and think. This is where the surprising elements of a warm and alive skin-canvas emerge and I see how to adapt the artwork." METRO

#### Artist's viewpoint



"The biggest challenge is to create the artwork in a beautiful but fast manner. I use people and not a canvas, so I can't spend days on end painting."

Johannes Stötter  
Bodypainting artist from South Tyrol, in Italy

#### Painstaking painting

8

hours is how long Stötter takes to complete each work of art using special breathable paint. Stötter added: "While a canvas painting lasts forever, a bodypainting exists only for a few hours. That makes the work even more special and visually powerful."

#### Clickbait



**HANNAH ZITNER**  
hannah.zitner@metronews.ca

As cycling season is in full swing, so too is bike-theft season. In an effort to ensure that 'nooooooo' moment, when you realize your bike is gone, never happens, we've looked into digital tools to stash in your pannier to keep your ride safe.



MARCO GOMEZ

#### Spike Bike

Kind of like Find my iPhone, but for your bike. A small GPS device attaches to your bike (under the seat, behind a water bottle cage or somewhere else discreet) and lets you track your bike through your phone. You can also track your own rides, which you can brag about later to your friends using Spike Bike.

#### Bikeshepherd.org

Not only can you register your ride on Bike Shepherd, you can also buy tags that can help recover your bike if it does succumb to the lock-cutting

hands of bike thieves. While the tags help you find your stolen bike, they also act kind of like a neighbourhood watch sign, or guard dog to dissuade thieves from pulling the fast one in the first place.

#### Racklove

Based out of San Francisco ("ground zero for bike thieves"), this bike-loving community is a place where people can not only buy and sell bikes, but also lets you set an alert if your bike matches one that appears on an online ad. While it works in the U.S., they're still building the network up here.

#### Twitter

@metropicks asked: Should cyclists be ticketed for riding on the sidewalk, or is the road too dangerous?

@fajnamartago: Car hitting a person is much more deadly than a cyclist hitting a person on the sidewalk. For this reason- No ticket.

@BikeBikeYYC: Sidewalk cycling is an indicator that more (any?!) bike infrastructure needs to be built.

@ruebyretro: Yes, with a focus on those who do so with complete disregard for pedestrians including bells & speed.

@BikeBikeYYC: IMO these "sidewalk bikelanes" add to the confusion about where to ride and also create danger for ppl

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Analysis

## What's old is new with Wolverine



IN  
FOCUS  
Richard Crouse  
scene@metronews.ca

Other than Captain Canuck, Wolverine is the best known superhero to hail from the Great White North.

According to his comic book backstory he was born in 19th century Canada — Northern Alberta to be exact — and served in the First Canadian Parachute Battalion before being recruited by Team X, a CIA black-ops group. When movie fans first encountered the character, however, little was known about him.

At the beginning of the original X-Men movie he was suffering from memory loss and couldn't remember how he became a superhero with retractable bone claws, made of the near indestructible metal alloy adamantium bonded to his skeleton and a healing ability that allows him to quickly recover from virtually any wound, disease or toxin.

This weekend The Wolverine continues the story, although star Hugh Jackman is quick to point out that it is not a sequel.

"With an all-new cast and setting it in Japan, it's going to give us a whole new visual aesthetic," he told Total Film.

# Learning to do what you need to do to get done

**Interview.** Aubrey Plaza talks about how her new film, *The To Do List*, is putting a fresh take on an old theme — people losing their virginity



NED  
EHRBAR  
Metro World News in Hollywood

For Aubrey Plaza, discussing her new film, *The To Do List*, offers far too many opportunities for over-sharing. The '90s-set film follows Brandy (Plaza), a type-A brainiac determined to start college sexually experienced by way of a detailed — if unromantic — list of activities to check off. And Plaza is having trouble keeping her own list to herself.

**Considering the sexual frankness of the film, how awkward have the interviews gotten?**

People keep trying to trick me into telling them about my first sexual experiences, and then I almost am like, "Well, when I was ... wait a minute! I don't need to tell you that. That's for my own brain to remember." For some reason this movie kind of makes you think that it makes sense to ask



The *To Do List* flips the script on the story of young people trying to lose their virginity. HANDOUT

about (this). But no, nothing's been awkward, except for me because I'm always awkward in interviews.

**Do you find it weird or insulting that Hollywood always acts so surprised when a female-focused comedy does well?**

Yeah, I feel that. I don't know why. There's just as many women as there are guys, so you would think that it wouldn't be shocking that there's a female audience and that there's people out there interested in seeing female-centric movies.

**Do you think *The To Do List* would work in a contemporary setting?**

I think there could be a story about a girl going through her firsts, because I think that's just a universal thing that happens, but I don't think this story could be told in 2013 for many different reasons. This movie was set in a time when people didn't Google everything and people weren't figuring things out online, which I think is the case nowadays. Who knows what teenagers are doing these days. I don't know. I mean, I'm 29 and I feel totally out of touch. Things have changed at such a rapid pace that who knows how people are learning anything or where they're getting their information.

**It's great to see a movie taking the awkward teenage sexual experience, which is usually told as a guy's story, and showing the girls' side.**

Being frank about sexual things? I know. That's one of the reasons that I wanted to do the movie, because I'd never really read anything that truthfully explored that time in a girl's life, just a really frank portrayal of a girl figuring out how to do really simple things — well, I don't know if they're simple. Just really basic sexual acts. I don't know, everything I say sounds wrong (laughs). Just make me sound better and smarter.

# 2 SCENE

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Lindsay Lohan. ALL PHOTOS GETTY IMAGES

## Lohan ready to get on with her life post-rehab

Lindsay Lohan is due to end her latest stint in rehab next Monday, and in preparation she's reportedly looking to do away with as many bad influences as she can, according to Radar Online.

"She has not been this

good in a long, long time. She's come 180 degrees from where she was. It's amazing," a source says.

"It's very clear to her now who she needs in her life and who she needs to keep out of her life."

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## Amanda Bynes having one of those good news weeks



**THE WORD**  
Dorothy Robinson  
scene@metronews.ca

I have tried to keep Amanda Bynes out of The Word because she's obviously mentally unstable and her highjinks are more sad and disturbing than amusing. However, this item caught my eye: The former actress is now being hospitalized for setting a fire in the driveway of a stranger's home in Thousand Oaks, Calif.

The cops investigated the former child-star-

turned-Gremlin and determined she needed to be hospitalized on a 5150 hold, which is an involuntary hospitalization for mental evaluation that lasts 72 hours.

So this is good news. Maybe she will now get the help she needs because it appears she has other problems.

Bynes has reportedly jeopardized the last important relationship she has left by allegedly stealing from her pot dealer, according to Radar Online.

"Amanda's dealer used her bathroom while he was there and she jacked his weed," a source says of the troubled NYC-based actress.

As a result, the dealer has reportedly dropped Bynes as a client.

"He won't go to her anymore," the source says.

So, maybe this is more good news.



Penelope Cruz

## Penelope Cruz's baby tries to upstage the royals

Kate Middleton wasn't the only famous woman having a baby Monday, as Penelope Cruz reportedly welcomed her second child with husband Javier Bardem, according to Hola.

Cruz reportedly gave birth to a baby girl at Madrid's Ruber Hospital. Cruz and Bardem also have a two-year-old son, Leonardo.

### Twitter



@Harry\_Styles  
Said I had a dirty mouth..



@TheRealRoseanne  
please leave some fruit pie recipes here!



@mindyaling  
Another day, another mysterious allergic reaction to something I'm eating/wearing/rubbing on

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BETTER TOGETHER



# Countdown to Glasgow 2014

**Commonwealth Games.** Scotland's largest city gears up to host thousands of elite athletes next summer

**KATHY BUCKWORTH**  
life@metronews.ca

In one year, on July 23, for the first time, Glasgow, Scotland will welcome more than 6,500 athletes and team officials to the 2014 Commonwealth Games. While rival city Edinburgh has hosted twice, the people of Glasgow are excited to put their own unique stamp on this elite athletic competition, which will run until Aug. 3, 2014.

"From the beginning, the Commonwealth Games has not just been about the sport, but the arts, and the community as well," says Kate McCheyne, Public Relations Manager for the games. While the athletes themselves won't descend upon the city until July 2014, the venues which will be used for the events will all have been completed, or refurbished, a full year before the games, allowing the community to enjoy the facilities before and, most importantly, after the games.

This is a sentiment reinforced by John Egan, of GlasgowLife, who is responsible for the management of the Sir Chris Hoy velodrome, where both the cycling and badminton events will be held. "There's a misconception that the velodrome was built just for these games," he said of the facility, which opened in October, 2012, "But it was built

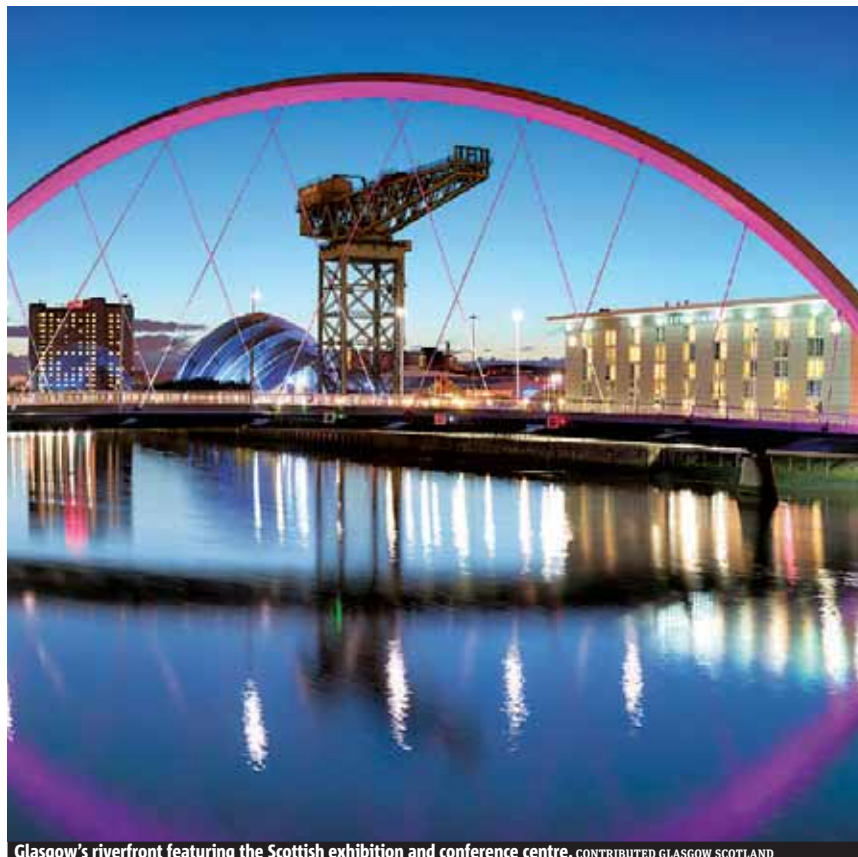
for Glaswegians." Since the doors opened, (as of time of writing) at least 130,000 locals have passed through the doors to take advantage not only of the cycling track, but the state of the art gym (supplied with Technogym equipment, supplier to the Olympics). Sports are an integral part of the city, with an estimated 10,000 jobs in the field.

But it's not just the residents of Glasgow who are embracing the spirit of the games. When the call for volunteers went out, more than 50,000 applied from across the U.K., with only 15,000 to be in the final selection.

Accessibility is also a key theme for the games. One million tickets will be on sale from Aug. 19 to Sept. 16, both online and via paper application, and can be paid for either online, or via cheque or postal order, which is very unusual in today's electronic ticketing world. Tickets will be priced as low as \$23.73, and at half price for children, with "babes in arms" (under two years) free of charge.

There is very much a youth focus on the games, with half of the athletes under the age of 25. The games mascot, Clyde, was chosen out of a contest open only to children, and out of 4,000 applicants, won by a 12 year-old girl after rounds of blind judging. The Glasgow 2014 tartan was designed by Aamir Mehmood, an arts student who beat out thousands of entries from more than 300 schools, and the digital media game has proven a hit with young fans. And for the first time, the volunteer age has been dropped to 16.

The Games has learned many valuable lessons from their Olympic counterparts, and many team members



Glasgow's riverfront featuring the Scottish exhibition and conference centre. CONTRIBUTED GLASGOW SCOTLAND

from the Glasgow Commonwealth Games shadowed their counterparts in London to learn. One of the main complaints about the London Olympics (my own personally, being over there at the time) was that tickets were not readily available, many of them having been given to corporate sponsors.

This frustration was compounded by the fact that sponsors did not utilize the tickets, and scalping or reselling of tickets was heavily enforced, leaving many empty seats in

venues. In Glasgow, 70 per cent of tickets for each event are guaranteed to go to the public.

Unlike the Olympics and its Torch Run, which includes many torches, the Queen's Baton Relay of the Commonwealth Games is just one baton, which will have a message inserted in it, to the athletes, from the Queen. The baton is run person to person across all Commonwealth nations, including a jaunt in Canada scheduled for April 26 (cities to be announced).

## If you go...

- **Visit.** glasgow2014.com for tickets and information. For information on accommodations and on the city of Glasgow and its wide choice of tourist attractions, visit seeglasgow.com.

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# Museum pays tribute to Winehouse

**Exhibit.** Deceased singer's life and family history celebrated with collection of mementoes

Amy Winehouse seemed to live in public, but her fans never knew the private person.

An exhibition at London's Jewish Museum aims to reveal an intimate side to a troubled star who was also, in the words of her older brother Alex, "simply a little Jewish kid from North London with a big talent."

Amy Winehouse: A Family Portrait brings together items from the late singer's London childhood, her stage-school years and her short but stratospheric career in music — from her first guitar to a posthumous Grammy Award.

By the time she died in 2011 at the age of 27, Winehouse was a larger-than-life figure whose battles with drugs and alcohol, splashed across front pages around the world, sometimes



A collection of Winehouse's clothes hang at the exhibit. THE ASSOCIATED PRESS

seemed to overshadow her talent. The exhibition shows that she was also a young woman who loved music, loved London and loved her family.

"It's a story that people don't know about Amy, her family story," museum chief

executive Abigail Morris said. "You can forget there's a person behind the hype."

Morris said the show was a natural for the Jewish Museum. Winehouse came from a close-knit Jewish family, and the museum is in Camden,

the neighbourhood where the singer lived for most of her adult life — where she saw gigs and played them, browsed in second-hand record stores and drank in pubs. It's also the neighbourhood where she died of accidental alcohol poisoning

at her home in July 2011.

Assembled with help from Amy's brother, Alex Winehouse, and his wife Riva, the exhibition grew from the Winehouse family's offer to donate one of Amy's dresses. It expanded into a celebration of

## Facts about the exhibit

- **The exhibit.** Opened this month and runs until Sept. 15.
- **History.** It traces the singer's family tree back to great-great-grandfather Harris Winehouse, who came to England from Belarus in 1890. Like many other 19th-century migrants, he hoped to reach New York, but ended up in London's East End.

her Jewish roots, her family and her home city.

"The more we talked the more we realized the exhibition wasn't going to be about her dresses and her clothes," said curator Elizabeth Selby — though there are several outfits on display, from the shimmering blue dress Winehouse wore at the 2008 Glastonbury Festival to the tracksuits she preferred at home.

"It's about her roots and her family life."

THE ASSOCIATED PRESS



Hilton Waikoloa Village, Hawaii

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# Veggies take centre stage on the grill

## Roasted Garlic

1. Heat grill to medium, with one side prepped for indirect heat.

2. Remove outer layer of papery skin from garlic. Slice off top 1/2 inch from pointed top of garlic head. Set garlic, cut side up, on large square of foil. Drizzle with the olive oil, then wrap foil up and over the garlic to form a loose packet.

3. Set garlic over cooler side of the grill and cook 40 minutes, or until the cloves are golden-brown and soft. Remove from the grill and let cool. To remove the cloves, simply squeeze the entire head (or each clove) and the cloves should pop out of their skins. Set aside until ready to make garlic mayo.

## Sandwiches

1. Prepare and heat a gas or charcoal grill for high heat, direct grilling.

2. Place red and yellow bell peppers on grill grate and cook, turning frequently, until skin is charred all over, about 5 minutes per side. Use tongs to

## Grilled Veggie Sandwich with Roasted Garlic Mayo



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

remove peppers from grill and place in a large bowl. Cover the bowl tightly with plastic wrap. Set aside for 30 minutes. After

30 minutes, the skins should slip easily off the peppers. Slice them open, remove the seeds, then cut into large strips.

3. In bowl, mix vinegar, olive oil, rosemary and a bit each of salt and pepper. Add pepper strips, turning to coat, and set aside to marinate for at least 30 minutes.

4. When ready to grill, return the grill to high heat.

5. Set the mushrooms and zucchini in a large bowl. Pour the marinade off the peppers and onto the zucchini and mushrooms, tossing them lightly to coat well.

6. Grill the mushrooms, grill side up, for 8 to 10 minutes, then flip and grill for another minute, or until completely tender. Grill the zucchini slices for 3 minutes per side.

7. Split rolls in half. Brush the cut sides lightly with oil. Place cut side down on grill for 2 to 3 minutes, or until golden brown.

8. Meanwhile, in a small bowl, mix together the garlic and mayonnaise until smooth. When the rolls are toasted, assemble the sandwiches by spreading both sides with garlic

## Ingredients

### Roasted garlic

- 1 head garlic
- 2 tsp olive oil

### Sandwiches

- 2 each red and yellow bell peppers
- 1/2 cup balsamic vinegar
- 1/4 cup olive oil, plus more for the rolls
- 1 tsp dried rosemary
- Kosher salt and black pepper
- 6 large portobello mushrooms, stems removed
- 1 medium zucchini, cut into 6 long strips
- 6 kaiser or onion rolls
- Head of roasted garlic
- 1/2 cup mayonnaise
- 1 bunch fresh basil, leaves only
- 1/2 lb chunk Parmigiano-Reggiano cheese, thinly sliced with a vegetable peeler

mayonnaise, then layering on the mushrooms, zucchini, peppers, basil leaves and cheese. Season with salt and pepper, if desired. **THE ASSOCIATED PRESS/ELIZABETH KARMEI, AUTHOR OF THREE COOKBOOKS, INCLUDING SOAKED, SLATHERED AND SEASONED.**

## Drink of the Week

## Mango Basil Lemonade

This exotic and refreshing recipe is perfect for a summer party on the patio.

- 1.5 oz Hennessy V.S
- 1 oz fresh lemon juice
- .5 oz mango purée
- .5 oz simple syrup
- Soda water to top
- Basil leaf and lemon wheel to garnish

Shake all liquid ingredients except soda water and strain into a Collins glass with fresh ice.

Top with soda water and garnish with a basil leaf and a lemon wheel.

RECIPE AND PHOTO COURTESY OF HENNESSY



# Give me a break and I'll mind my own business

## You can't have one without the other.

Why taking a vacation is just as important as taking that next call

MEGHAN GREAVES  
TalentEgg.ca

Did you know that 40 per cent of the Canadian workforce is

feeling the effects of vacation deprivation? And that more than 50 per cent of young Canadian workers are feeling it too (the highest rate for all age categories)? This is just some of what this year's Annual Deprivation study found when surveying Canadian workers from coast to coast.

To find out what's behind these numbers and what career-hatchers can do to prevent themselves from feeling the negative effects of vaca-

tion deprivation, we talked with Beverly Beuermann-King, a health and wellness professional and work-life balance expert who was a key player in the study.

## Why work-life balance is important

"Finding work-life balance is especially difficult for students and new grads as they're used to having irregular schedules," Beuermann-King explains. "What do we see most of when life is out of balance or we've been pushing ourselves for too long? More headaches, indigestion, muscle aches and sleep problems."

Though it's possible to keep this pace up for a bit, eventually things start to catch up. These problems become more chronic and start to take their toll on our systems in the form of diabetes, obesity and depression.

## Achieving that balance

One way to achieve a work-life balance, Beuermann-King says, is to talk with your employer about their wellness policies. Ask about their thoughts on vacation time and how they make sure employees don't get burned out. Be aware that talking with your employer about their wellness policies is just



Knowing what you need out of a vacation is key to re-energizing. Whether you need relaxation, fun, adventure, entertainment or leisure, plan your vacation to meet your needs. ISTOCK

one step of the process, though. You still need to be making sure that you're eating properly, getting enough rest and being active to keep your body and mind healthy.

## Vacation deprivation and new

## grads

Vacation deprivation is when you're not using all of your vacation time or when you feel as though you don't have enough time off. According to the study, vacation deprivation rates were highest in young

## Sun, sand and sanity

Here are just some of the ways that vacation deprivation can negatively affect a new grad personally and professionally:

- Decrease in creativity and productivity
- Becoming short-tempered
- Finding yourself dozing off in the middle of the afternoon
- Drop in drive, passion, enthusiasm and love of your job

Canadian workers.

Beuermann-King believes the younger generation is feeling it the most because we're new to the workforce and haven't accumulated very much time off yet. We also have a very different view of the workplace than older generations.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

## Your thoughts?

@TalentEgg: #QuestionoftheDay: What do you do to get yourself back into work-mode if you hit an energy slump?

- @MarinighPR: I take a break, go for a walk, go get something to eat, then come back to it!
- @kristieleanne\_: a playlist optimized for workflow is always key for me! Cue @ Songza or @8tracks
- @mrooolf: Water, fruit, and a little pump up music always does the trick!

- @rosieehales: Try working on something different for a bit or get some fresh air! If all else fails then I hit the coffee. #QuestionoftheDay

- @danhybro: Chatting it up with a co-worker or take a coffee break. #works-likeacharm

- @janet\_ha: Create a work routine that gets you back into the groove. Whether it's the same seat, same work playlist or other ritual.



# Marchand ready to show he belongs with the best

**Sochi Olympics.** Hammonds Plains forward excited and nervous about Team Canada invite



**ANDREW RANKIN**  
andrew.rankin@metronews.ca

Brad Marchand says he never thought representing his country at the Olympics was even a possibility.

That is until earlier this week. The Hammonds Plains native's name was among 47 invitees to Hockey Canada's orientation camp from Aug. 25 to 28 in Calgary ahead of the 2014 Olympics in Sochi.

"Growing up, and once I got into the NHL, I thought I'd never get the opportunity to be part of an Olympic camp or even a look for it," said the Boston Bruins' forward on Tuesday in Halifax during a fundraiser for Phoenix House. "But I'm very excited and I'm very nervous."

But that's not to say the 25-year-old doesn't have a worthy skill set to offer. Beyond his uncanny ability to rile his opponents, Marchand's a speedy, crafty player possessing



Nine-year-old Cutter Devine, left, gets his stick signed by Boston Bruins forward Brad Marchand prior to the Phoenix Night of Champions event at the Halifax Metro Centre on Tuesday. JEFF HARPER/METRO

a formidable two-way game.

"I'll use my work ethic and energy to my advantage and I think I can put the puck in the net as well. I have something

different to offer," said Marchand, who helped lead the Bruins to the Stanley Cup final with 13 points last post-season.

"I don't know if I can say I deserve a shot on Team Canada, but I'm definitely grateful for the opportunity and I'm not saying that it's going to happen, but the best thing I can do is go make it happen."

Ottawa Senators head coach Paul MacLean isn't surprised by Hockey Canada's interest in

Marchand. Although the five-foot-nine, 183-pounder doesn't fit the mould of a stereotypical NHL superstar, MacLean says he's a rare commodity.

"He's had a phenomenal career in the National Hockey League, he really has," said MacLean. "The Olympic Team isn't like the all-star team. You aren't necessarily picking the best players. You need people who bring a different element to the game and you see that

with Brad Marchand.

"I know (Team Canada Coach) Mike Babcock well enough to know if you're playing well enough at the time, you're playing on the team."

Heading into next season the 2011 Stanley Cup champion is only worrying about what he can control.

"I want to have a very strong start to the season, try to improve every day, that's all you can do as a player."

## Golden opportunity

**"If you go up and down the list they're the best players in the league. I don't put myself in that category, but it's an honour to be among them."**

Brad Marchand of Hammonds Plains

# Antigonish is where the heart is for Sens' MacLean



Antigonish's Paul MacLean speaks to members of the media on Tuesday. JEFF HARPER/METRO

Paul MacLean looks as much like a lobster fisherman as the reigning NHL coach of the year.

The Ottawa Senators' bench boss makes no bones about his attachment to Antigonish, where he grew up and has lived for the last 40 years.

"My parents are from there, my wife's from there," he said. "It's been a place where I've always been allowed to be who I am. They never allow me to become bigger than I am."

MacLean is a straight-shooting favourite among his players, media and fans alike. Part of his success lies with his ability to bring the best out of his players.

## Jack Adams attitude

**"We try to give our players the chance to be who they can be."**

Senators coach Paul MacLean

"I spend a lot of time with players and find out what they think," said MacLean. "They're out there; we as coaches are standing behind the bench with a two-dimensional picture. They're the ones with the three-dimensional picture."

As he prepares for next season without the services of Daniel Alfredsson, the Senators'

captain for the last 15 years who signed with the Detroit Red Wings last month, he has no doubt other players will step up to fill the void.

"Can we get over that leadership bubble? I think we can but that requires everyone taking a piece of it, taking some responsibility."

Hard to doubt him after a year where the Senators willed their way to a playoff spot even without the services of Norris Trophy-winning defenceman Erik Karlsson, star centre Jason Spezza and goaltender Craig Anderson for long stretches of the season.

ANDREW RANKIN/METRO



# Assembling the Eh team

Here's a look at who will hit the ice at Team Canada's Olympic orientation camp in Calgary from Aug. 25-29 and who will likely don the Maple Leaf in Sochi, Russia:

## THE CANADIAN PRESS

Photos by Getty Images



### Goaltenders

Canada's goaltending may be the biggest question mark heading into the Olympic tournament. More than five months before the final roster is due, there's no definite No. 1, but Yzerman isn't worried.

"We'll worry about the starter after naming the final three that we'll take to Sochi," he said. "I think some of that will work itself out over the first part of the season."

Roberto Luongo won gold in 2010, but Yzerman suggested on a conference call with reporters Monday that his playing more games for the Vancouver Canucks after the Cory Schneider trade should "bode well" for his chances of making the team. Corey Crawford is obviously a hot name after helping the Chicago Blackhawks win the Stanley Cup.

**Invited to camp:** Luongo\*, Crawford\*, Carey Price\*, Braden Holtby, Mike Smith.

\*Denotes players projected to make the team

### Defencemen

Yzerman wants puck-movers who can get up and down the ice with ease. That's not to say there isn't room for size and physicality, but the international game on bigger ice makes speed essential.

Shea Weber of the Nashville Predators, Norris Trophy-winner P.K. Subban of the Montreal Canadiens, Drew Doughty of the Los Angeles Kings and Duncan Keith of the Blackhawks seem to be locks (barring injury) and make for an imposing top four. All but Keith are right-handed shots, but Yzerman said lefty-righty balance isn't the "end-all." Nor should it be — Canada has a plethora of strong right-handed defencemen who would be able to play their off-side without any issue. Yzerman expects to take eight defencemen to Sochi, so there will be extras in case Babcock doesn't like what he sees.

**Invited to camp:** Weber\*, Subban\*, Doughty\*, Keith\*, Kris Letang\*, Mike Green, Dion Phaneuf, Karl Alzner, Jay Bouwmeester, Dan Boyle, Dan Hamhuis\*, Travis Hamonic, Marc Methot, Alex Pietrangelo\*, Brent Seabrook\*, Marc Staal, Marc-Edouard Vlasic.



### Forwards

No shocker here. Canada is deepest down the middle. Sidney Crosby of the Penguins, Jonathan Toews of the Blackhawks, Steven Stamkos of the Tampa Bay Lightning, Eric Staal of the Carolina Hurricanes, John Tavares of the New York Islanders and Claude Giroux of the Philadelphia Flyers lead the crop.

Wanting to fill specific roles shouldn't be hard for Team Canada up front. Patrice Bergeron of the Boston Bruins, Jordan Staal of the Hurricanes and Mike Richards of the Los Angeles Kings could be shutdown centres, freeing up players like Crosby and Giroux to concentrate at the offensive end.

**Invited to camp:** Crosby\*, Toews\*, Stamkos\*, Eric Staal\*, Tavares\*, Giroux\*, Bergeron\*, Richards\*, Jordan Staal, Milan Lucic\*, Rick Nash, Corey Perry\*, Jeff Carter\*, Martin St. Louis\*, Taylor Hall\*, Joe Thornton, Matt Duchene, Logan Couture, Jordan Eberle, Ryan Getzlaf, Chris Kunitz, Andrew Ladd, Brad Marchand, James Neal, Patrick Sharp\*.

## NHL

### Jersey shores up offence by signing 41-year-old Jagr

The New Jersey Devils have signed forward Jaromir Jagr to make up for some of the scoring lost with the retirement of Ilya Kovalchuk.

Devils general manager Lou Lamoriello announced the signing Tuesday. The one-year contract is worth \$2 million US.

Jagr said three or four teams were interested in signing him. However, he said he wasn't able to command as much attention or money as in past years because he is now 41 and many teams didn't have the money to spend.

"In my stage, because I love the game, I was looking for the team where I was going to have the opportunity to play," Jagr said in a conference call. "I was talking to Lou before Kovalchuk retired."

"And after he retired, I think it was even more important for me to play on the Devils."

Jagr split last season with the Dallas Stars and Boston Bruins, scoring a combined 16 goals and 19 assists in 45 games.

THE ASSOCIATED PRESS

## MLB. Blue Jays botch 5-run lead vs. Dodgers to lose sixth straight game

Adrian Gonzalez's three-run home run keyed a four-run eighth inning Tuesday as the Los Angeles Dodgers beat the Blue Jays 10-9, sending Toronto to its sixth straight loss.

Andre Ethier also homered in the eighth against Darren Oliver (3-2) and had three RBIs as the Dodgers erased an 8-3 deficit against a tired Toronto bullpen for their fifth win in a row.

Mark Ellis also drove in three runs for the Dodgers (52-47), while Jerry Hairston added a solo homer.

Jose Reyes had a two-run home run and three RBIs for the Blue Jays (45-54), who held a closed-door, players-only meeting that lasted more than an hour before the game.

Jose Bautista and Mark DeRosa had solo home runs for Toronto, which outthit the Dodgers 15-13. Brett Lawrie and Bautista each had two RBIs.

Former Toronto reliever Brandon League (4-3) pitched two-thirds of an inning to pick up the win. Kenley Jansen pitched the ninth for his 12th save despite allowing a run.

Down 10-8 in the ninth, the Blue Jays made a push



The Dodgers' Carl Crawford, left, congratulates Adrian Gonzalez on his go-ahead three-run home run against the Blue Jays on Tuesday in Toronto. THE CANADIAN PRESS

when J.P. Arencibia singled home Adam Lind, but Lawrie ended the game with a fly to the warning track in left.

Blue Jays starter Todd Redmond held the Dodgers to three runs and seven hits over 5 2/3 innings, while Dodgers counterpart Chris Capuano allowed five runs on seven hits in 4 1/3 innings.

THE CANADIAN PRESS

## MLB

### AMERICAN LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Boston	61	41	.598	—
Tampa Bay	59	42	.584	1½
Baltimore	57	44	.564	3½
New York	53	47	.530	7
Toronto	45	54	.455	14½

#### CENTRAL DIVISION

	W	L	Pct	GB
Detroit	55	44	.556	—
Cleveland	52	47	.525	3
Kansas City	46	51	.474	8
Minnesota	42	54	.438	11½
Chicago	39	58	.402	15

#### WEST DIVISION

	W	L	Pct	GB
Oakland	58	42	.580	—
Texas	55	45	.550	3
Seattle	47	52	.475	10½
Los Angeles	46	51	.474	10½
Houston	34	65	.343	23½

#### Tuesday's results

L.A. Dodgers 10 Toronto 9  
Boston 6 Tampa Bay 2  
N.Y. Yankees 5 Texas 4  
Kansas City 3 Baltimore 2  
Detroit 6 Chicago White Sox 2  
Houston 5 Oakland 4  
Minnesota at L.A. Angels  
Cleveland at Seattle

#### Wednesday's games — All times Eastern

Oakland (Griffin 8-7) at Houston (Norris 6-9), 2:10 p.m.  
Minnesota (Pelfrey 4-7) at L.A. Angels (Weaver 4-5), 3:35 p.m.  
Cleveland (Kazmir 5-4) at Seattle (Saunders 9-8), 3:40 p.m.  
L.A. Dodgers (Nolasco 6-9) at Toronto (Rogers 3-4), 7:07 p.m.  
Tampa Bay (Price 4-5) at Boston (Doubtrout 7-3), 7:10 p.m.  
N.Y. Yankees (Pettitte 7-7) at Texas (Garza 0-0), 8:05 p.m.  
Baltimore (Chen 5-3) at Kansas City (Santana 6-6), 8:10 p.m.  
Detroit (Sanchez 7-7) at Chicago White Sox (Danks 2-7), 8:10 p.m.

### NATIONAL LEAGUE

#### EAST DIVISION

	W	L	Pct	GB
Atlanta	56	44	.560	—
Philadelphia	49	51	.490	7
Washington	48	52	.480	8
New York	47	52	.458	10
Miami	34	61	.378	18

#### CENTRAL DIVISION

	W	L	Pct	GB
St. Louis	60	37	.619	—
Pittsburgh	59	39	.602	1½
Cincinnati	57	43	.570	4½
Chicago	44	53	.454	16
Milwaukee	41	58	.414	20

#### WEST DIVISION

	W	L	Pct	GB
Los Angeles	52	47	.525	—
Arizona	51	48	.515	1
Colorado	48	53	.475	5
San Francisco	45	54	.455	7
San Diego	45	56	.446	8

#### Tuesday's results

Cincinnati 9 San Francisco 3 (gm. 1)  
Pittsburgh 5 Washington 1  
N.Y. Mets 4 Atlanta 1  
San Diego 6 Milwaukee 2  
St. Louis 4 Philadelphia 1  
Miami 4 Colorado 2  
Chicago Cubs at Arizona  
Cincinnati at San Francisco (gm. 2)  
**Wednesday's games — All times Eastern**  
Pittsburgh (Liriano 9-4) at Washington (Strasburg 5-7), 7:05 p.m.  
Atlanta (Hudson 7-7) at N.Y. Mets (Hefner 4-7), 7:10 p.m.  
San Diego (O'Sullivan 0-1) at Milwaukee (Lohse 6-7), 8:10 p.m.  
Philadelphia (Lannan 2-3) at St. Louis (Westbrook 6-4), 8:15 p.m.  
Miami (Turner 3-2) at Colorado (De La Rosa 9-5), 8:40 p.m.  
Chicago Cubs (Samardzija 6-9) at Arizona (Kennedy 3-7), 9:40 p.m.  
Cincinnati (Leake 9-4) at San Francisco (Gaudin 4-1), 10:15 p.m.

## CFL

### EAST DIVISION

	GP	W	L	T	PF	PA	Pts
Toronto	4	2	2	0	118	116	4
Montreal	4	1	3	0	90	112	2
Hamilton	4	1	3	0	79	126	2
Winnipeg	4	1	3	0	91	109	2

### WEST DIVISION

	GP	W	L	T	PF	PA	Pts
Saskatchewan	4	4	0	0	151	67	8
Calgary	4	3	1	0	125	109	6
B.C.	4	3	1	0	104	84	6
Edmonton	4	1	3	0	72	107	2

### Thursday's game — All times Eastern

Edmonton at Montreal, 7:30 p.m.

### Friday's game

Calgary at Winnipeg, 8 p.m.

### Saturday's game

Saskatchewan at Hamilton, 7:30 p.m.

## MLS

### EASTERN CONFERENCE

	W	L	T	GF	GA	Pts
Kansas City	10	5	6	33	20	36
Montreal	9	5	5	31	29	32
New York	9	7	5	29	24	32
Philadelphia	8	6	7	32	30	31
Houston	8	6	5	22	19	29
New England	7	7	6	25	18	27
Chicago	7	9	3	24	29	24
Columbus	6	9	5	23	25	23
Toronto FC	2	10	8	17	28	14
D.C. United	2	14	4	9	33	10

### WESTERN CONFERENCE

	W	L	T	GF	GA	Pts
Real Salt Lake	11	6	4	33	20	37
Portland	8	2	10	30	18	34
Los Angeles	10	8	3	32	25	33
Vancouver	9	6	5	33	28	32
FC Dallas	8	5	8	27	27	32
Colorado	8	7	7	26	24	31
Seattle	7	7	4	22	21	25
San Jose	6	9	6	21	32	24
Chivas USA	4	11	5	18	35	17

### Saturday's games — All Times Eastern

Columbus at Toronto FC, 2 p.m.  
Philadelphia at Vancouver, 7 p.m.  
Real Salt Lake at New York, 7 p.m.  
Kansas City at Montreal, 7 p.m.  
New England at D.C., 7 p.m.  
Los Angeles at Colorado, 7 p.m.  
Chicago at Houston, 9 p.m.  
Portland at San Jose, 10:30 p.m.  
**Sunday's game**  
Chivas USA at Seattle, 11 p.m.



# The 2014 Dodge Durango



ALL PHOTOS WHEELBASEMEDIA.COM

## Review. Part Jeep, part Dodge, all family

**MALCOLM GUNN**  
wheelbasemedia.com

It may seem like a stretch, pardon the pun, but if you're looking for more passenger room than a Jeep Grand Cherokee, you'll be looking for a Dodge.

The related Dodge Durango for 2014 actually uses the Jeep Grand Cherokee's bones, but finds room to fit up to seven passengers versus the Jeep's five. We told you it was a stretch. Actually, it's a rubber-band-like 13-centimetre stretch between the front and rear wheels with 25 extra centimetres added between the front and rear bumpers. That's enough to squeeze in three rows of seats with space left over to tote a decent amount of groceries, sports equipment, luggage or what-have-you.

The long-serving Durango was introduced for the 1998 model year as a truck-based sport-utility vehicle with body-

### 2014 Dodge Durango

- **Type.** Four-door, all-wheel-drive full-size sport utility vehicle
- **Engines (hp).** 3.6-litre DOHC V6 (290); 5.7-litre OHV V8 (360)
- **Transmissions.** Eight-speed automatic
- **Base price (incl. destination)** \$41,800

on-frame construction, but the vehicle switched to a unitized (frameless) design for 2011. At that point, Durango sales ballooned as buyers began to embrace the vehicle for its exemplary cargo and passenger-toting capabilities. The 2014 edition that arrives this fall is more of an update than a full-on makeover, but the changes are still significant.

In back, there are new tail light pods containing light-emitting diode (LED) running lights along with Dodge's signature "racetrack" tail light

### Interior & Technology

The new Limited receives a "limited" amount of gear destined for the Citadel, such as leather-covered seats (heated in front), heated steering wheel and an 8.4-inch (21-centimetre) screen for the Durango's "Uconnect" infotainment and mobile communications system.

system at the rear where an additional 192 LEDs fire up in milliseconds to keep inattentive tailgaters at bay.

Inside, there's a new three-spoke steering wheel and the instrument cluster has been reworked to accommodate the standard five-inch touch-screen info centre. Among the new options, second-row high-back bucket seats with an available full centre console can be ordered on all trim levels.

The Durango's engine compartment is familiar, with both the base 290-horsepower

### Fuel economy

Without releasing specific numbers, Dodge claims that the new transmission will help increase the Durango's overall fuel economy by about nine per cent, which should translate into a modest improvement for the V6's current 13 l/100 km city rating and 8.8 highway, and the V8's 16.6/10 numbers.

3.6-litre V6 and the optional 360-horsepower 5.7-litre "Hemi" V8 returning for duty.

All-wheel-drive remains standard, but the drive system you get depends on engine choice. The V6 uses a permanently engaged system that automatically varies the torque between the front and rear wheels, depending on where it's needed. The AWD V8 comes with a part-time unit with a two-speed transfer case for when maximum torque is needed, such as when heading up an extra-steep hill.

### Compare



**1** Honda Pilot  
Base price: \$36,600



**2** Ford Explorer  
Base price: \$31,700

### Design

Dodge's stylists have tinkered with the vehicle's front and rear shape. There's a slimmer "split-hair" grille with a mesh-like backdrop and an enlarged lower air intake (also featuring the mesh effect).

The V6 is standard in the base SXT, R/T, new-for-2014 Limited and range-topping Citadel models (both rear and all-wheel-drive). The V8 is optional for the Limited and Citadel, but standard in the R/T.

Regardless of trim level, the Durango continues to deliver a level of ruggedness, interior capacity and outright performance swagger that few \$40,000 to \$50,000 sport utility vehicles can match at any price. And in terms of passenger count, it even outdoes the Grand Cherokee.

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Titanium model shown

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# One of these things is not like the others

**Autopilot.** Nissan's DeltaWing exits early but wins more fans at Canadian racing debut



**AUTO PILOT**  
Mike Goetz  
drive@metronews.ca

If you've ever wondered, like I have, what the world's most interesting man might drive if he raced cars, then wonder no more. The answer is Nissan's DeltaWing, the world's most interesting racing car.

DeltaWing made its Canadian racing debut at last weekend's ALMS series stop at Mosport (now officially called Canadian Tire Motorsport Park). As predicted, it immediately became the crowd favourite, from when it first showed up at practice Thursday morning to when it retired early, on lap 15, during Sunday's race. The early retirement, due to low engine oil pressure, was



The DeltaWing's extreme aerodynamics are courtesy of its rocket-like stylings. BOTH PHOTOS RICK DOLE



Bird's eye view of DeltaWing.

a shame, because the first of its co-drivers, Andy Meyrick, had DeltaWing running second at the time and looking really good for a strong finish, something that's been hard to come by this season for DeltaWing.

Of course, DeltaWing gets its notoriety from being "not like the others."

DeltaWing looks like a rocket laid sideways — small front, big rear. Most racecars look like they're ready to eat

corners. The DeltaWing looks like it would rather not turn, thank you. It looks the way it does because of its unique mission — to win endurance races by using half the fuel and half the tire material of a "regular" LMP1 class Le Mans racer.

DeltaWing's engineers believe this is possible because they've designed the car to have half the aerodynamic drag and half the weight of a current LMP1 or LMP2 racer

(1,000 pounds versus 2,000 pounds). This means DeltaWing can do its racing thing with a smallish engine.

For this year's American Le Mans Series (ALMS) campaign, it's fitted with a turbo-charged four-cylinder 1.9-litre engine producing about 350 horsepower. By way of contrast, the overall winner of Sunday's race, the Muscle Milk Pickett Racing ARX-03, is powered by a Honda Racing 3.4-litre V8, mak-

ing close to 600 horsepower.

Pre-practice on Thursday, I asked Andy Meyrick if he ever got used to the sight of the DeltaWing, or does it still freak him out?

"It's become normal now, I love it," says Meyrick. "(Co-driver) Katherine (Legge) and I call it our little baby."

You'd think those closely-spaced front tires aren't going to give you much cornering bite, but you'd be wrong.

Meyrick says it's actually a pleasure to drive, mostly because it's so light.

"It changes direction easily, and you don't get the huge weight distribution and subsequent pitch in the car. So (you) just have to get used to how it feels. Very nimble. And with low drag we keep accelerating all the way down the straight-away."

Racing DeltaWing is certainly challenging in one regard — it's still a work in progress, and in need of constant development. But Meyrick says the team enjoys the challenge and believes the process ultimately makes the team and the car stronger. It looks different, but Meyrick notes that many of history's greatest racecars have also challenged conventional views — it's what they do.

"DeltaWing really challenges the way we go racing," says Meyrick.

So while DeltaWing may now challenge our conception of a go-fast car, who knows how "normal" it might become in the future. Notes Meyrick: "The numbers speak for themselves and the fans love it."

## Fix your car by phone? One day, there may be an app for that

### Driving force.

Automakers putting safety first as they try to fully merge technology into the driving experience

JILL MCINTOSH  
drive@metronews.ca

As people become increasingly connected through their smartphones, automakers are working to ensure that their vehicles are part of the process.

While Bluetooth phone pairing is now commonplace in cars, and some vehicles can access information and applications from drivers' smartphones, there will be much more integration in the future, according to Tim Reuss, president and CEO of

### Eyes on the road

**"They expect the seamless experience in the car that they get from their device. But as we figure this out, it all has to be safe, so you're not driving down a German autobahn at 240 km/h while updating your Facebook."**

Tim Reuss, president and CEO of Mercedes-Benz Canada.

Mercedes-Benz Canada.

"People don't want their virtual lives interrupted when they're in a car," Reuss says. "They expect the seamless experience in the car that they get from their device. But as we figure this out, it all has to be safe, so you're not driving down a German autobahn at

240 km/h while updating your Facebook."

The automaker is working with BlackBerry and other companies to develop connectivity technologies, which could include wireless systems built into the car, or applications that the car accesses through the owner's phone network. The greatest challenge is development time. An entirely new or redesigned car model can take as long as seven years to engineer and develop from start to finish, while new connectivity software could be ready in just months.

In effect, carmakers have to plan their vehicle designs to accommodate technologies that haven't yet been developed, because current software and devices could be outdated or even obsolete by the time the car is ready for the showroom. "We need interaction with companies like BlackBerry and others to figure this out as we go forward," Reuss says.



In-vehicle technology (like above) is becoming more and more advanced by the day. In the future, cars such as Mercedes-Benz could update their systems via wireless communications. PROVIDED

### Facts

• **Futuristic.** In Europe, Mercedes-Benz trucks can be equipped with a system that monitors and diagnoses the vehicles and sends the information to the fleet owner or manager.

• **Smart charge.** Electric cars use smartphone applications that

allow owners to remotely check on how much battery power is left, and to start or stop the charging process.

• **Safety first.** Automakers have to consider safety above all, and must develop programs that provide information with minimal driver distraction.

"There are ways to do it, and not everything needs to be in the car. We need the interface."

In the future, the auto-

maker might be able to contact the car through the system if the customer authorized it, performing such wireless func-

tions as updating the navigation map, advising that maintenance is due, or warning if the kilometres are getting high on a leased vehicle and a new plan should be negotiated.

Beyond that, cars could send diagnostic information to the dealership and have their computers wirelessly "flashed," or updated, to solve minor issues or improve performance. "It isn't just a one-way street," Reuss says. "It won't happen today, but imagine the vision down the road where these features could happen with the connectivity."





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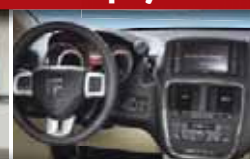


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# Luxurious Lexus just a checkup away

## Second gear.

2010-2012  
Lexus RX 350

JUSTIN  
PRITCHARD  
drive@metronews.ca

The Lexus RX lineup effectively kicked off the luxury crossover SUV scene some generations ago — and the 2010 to 2012 iteration of the best-seller has now moved fully into used vehicle territory. Commonly bought for sensibility, safety and a reputation for quality and reliability, the RX offered both gas-powered and hybrid models. The focus of this used vehicle story will lie on the traditional gas-powered Lexus RX 350.

Feature content in the five-seat model included automatic or motorized “everything,” navigation, Mark Levinson audio, a Bluetooth interface and more. Expect a world-class list of high-end touches here.



HANDOUT

### Common issues

Start with a walk-around your potential used RX candidate, checking the condition of the wheels, that both xenon projector headlamps illuminate, and ensuring the front bumper is properly attached at the edges and lines up with the panels adjacent to it. Double check for proper operation of the intelligent key system, all windows, and the climate control system.

Hesitation or “hunting” during gear shifting on the automatic transmission may be remedied by reprogramming the transmission’s computer. Have the RX you’re considering inspected for standard signs of fluid leakage, rust, suspension wear, sporadic power delivery or warning lights by a Lexus mechanic is your easiest path to a confident purchase.

### What owners like



A sense of practical luxury, a well-appointed cabin, flexibility and overall comfort get

RX owners talking. A quiet ride is reported, along with great handling and traction in snowy weather.

### What owners dislike



Some owners wish for more at-hand storage, a more detailed and upscale cabin, a third row of seating, and a more modern and easy-to-use navigation system.

### Engine



Lexus RX 350 was powered by a 3.5 litre V6 with 275 horsepower. Look for an automatic transmission and AWD to complete the powertrain lineup.

### The verdict

Largely, it appears that the RX 350 maintains Lexus’ reputation for reliability. A well-maintained, non-hybrid model will likely be the lowest-cost alternative for most shoppers.

# The stats are in: Keep on rockin’ at the wheel

## Musical taste reflects style of driving.

Folk fans stay out of trouble, rockers never crash while rap and dance enthusiasts are likely to crash and cry

Picture it: windows down, wind whipping through your car with nothing but the wide and liberating open road in your horizon.

What’s missing from this picture? Likely that you would have tunes blaring, with you singing (or whatever you want

to call it) your heart out. But have you considered how your music choice affects your driving?

According to a poll by Kanetix.ca, the type of music you’re listening to could impact your habits as you drive.

### Folk music

Slow and steady wins the race for these music fans. Almost half of folk listeners (49 per cent) have never had a speeding ticket compared to 37 per cent overall; they are also much more likely to have never been pulled over (38 per cent compared to only 26 per cent of all drivers)

### Hip Hop and R&B

They are the most likely to

have an at-fault accident. Sixty per cent of hip hop and R&B listeners have been in an at-fault accident, compared to only 53 per cent of all Canadians.

### Alternative rock

In-car listeners were the most likely to have never been at-fault in a motor vehicle accident (55 per cent versus 47 per cent overall).

### House/dance

These listeners were the most likely to not have a driver’s license (16 per cent compared to 10 per cent overall); and they are more likely to beg for forgiveness or cry to get out of a ticket.

METRO



What does your music taste say about your driving? iSTOCK



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or 830.9060356 Windmill Rd  
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**Call 402.6287**211-221 Glenforest  
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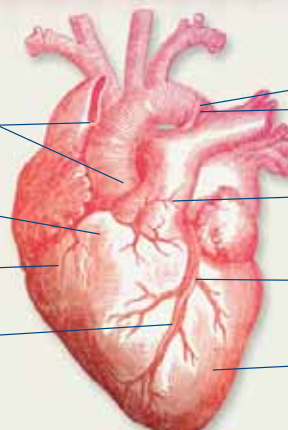
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## Horoscopes

### ♈ Aries

March 21 - April 20

Don't reveal too much about what you are planning. Certain things should remain a secret, no matter how much you might want friends to know. Don't clam up completely but be careful what you say.

### ♉ Taurus

April 21 - May 21

As Venus, planet of love and beauty, is moving through the most dynamic area of your chart, you can be sure that opportunities to be creative and to have fun will come thick and fast. Don't ignore them.

### ♊ Gemini

May 22 - June 21

Family problems are not nearly as bad as you think. A little more understanding on your part will go a long way towards healing emotional rifts.

### ♋ Cancer

June 22 - July 23

There is something you need to let go of, something that has become a burden. What that something is only you know for sure but now is the time to get rid of it. You will feel an incredible sense of release.

### ♌ Leo

July 24 - Aug. 23

Sit back and marvel at all the wonderful things that come your way. Even when you do have to make an effort, helpful activity in the money area of your chart will make it easy for you to turn ideas into cash.

### ♍ Virgo

Aug. 24 - Sept. 23

You want to indulge, and there is no reason why you should not. Take care you don't indulge to an extent that leaves nothing to yearn for tomorrow. You can have too much.

### ♎ Libra

Sept. 24 - Oct. 23

If you are happy on the inside you will be happy on the outside, so think only loving, happy thoughts over the next 24 hours. Look on the bright side in everything you do.

### ♏ Scorpio

Oct. 24 - Nov. 22

If someone offers you something you have been craving, take it. There's no catch involved. They simply want to do something that makes your life more exciting.

### ♐ Sagittarius

Nov. 23 - Dec. 21

Someone in authority has taken a liking to you and will go out of their way to smooth your path to success. You don't have to do anything special, just carry on doing what you've been doing recently.

### ♑ Capricorn

Dec. 22 - Jan. 20

You have so much to look forward to, so much to be happy about, so try to be a bit more relaxed. Sometimes you can be a bit too serious, a bit too tense. Lighten up. Life is supposed to be enjoyed.

### ♒ Aquarius

Jan. 21 - Feb. 19

Good news about your financial situation is not far. So stop worrying about dollars and cents. Money will come to you when you most need it, from sources old and new.

### ♓ Pisces

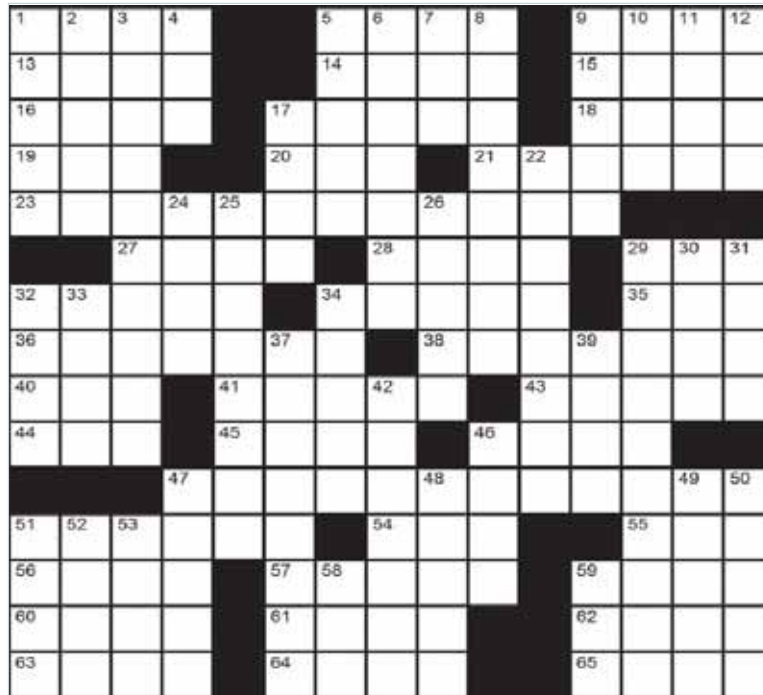
Feb. 20 - March 20

You may not want to ask for assistance but you know you must. With Venus now moving through the partnership area of your chart, you will get all the help you need — and then some. **SALLY BROMPTON**

## Crossword: Canada Across and Down

### Across

- Golden sunburst beams
- Commissioner Gordon's force in comics [acronym]
- Green hue
- "I had no \_\_\_" (Really?)
- Mixture
- S-shaped moulding
- Period of calmness
- Was a bee, used its pain-inflicter
- River of Russia
- M's spelled-out preder
- Friend: French
- Actress Gail
- TSX company identifiers: 2 wds.
- Problems
- Fuss
- Eating-spot-with-trays, for short
- Eucharist bread plate
- Poet of ancient Greece
- Whoopi Goldberg's Oscar-winning role, \_\_\_ Mae Brown
- Movie poison
- More concise
- \_\_\_-Mex (Cuisine style)
- Zodiac creatures
- Bid
- \_\_\_ Lanka
- Actress Ms. Hudson
- Bigger than big



- Rocky Mountain ledge grazer which is Alberta's provincial mammal: 2 wds.
- Sound system sort
- Midweek day, for short
- Street surfacing
- Psychedelic light, \_\_\_ lamp
- Eggs: French

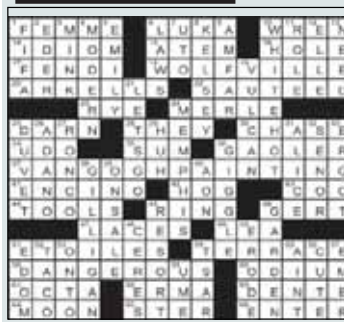
- Fury
- Prayer sign-off
- Egypt's river
- Title-starter of a Shakespeare play
- Grand \_\_\_, ON
- Pretoria's locale, \_\_\_
- Labouriously makes a living

### Down

- Gets to
- Music genre, \_\_\_ Contemporary
- Joni Mitchell song: "Big \_\_\_"
- Mr. Mineo
- George Harrison hit: "\_\_\_ Mind Set on You"
- \_\_\_-fame
- Debit card holder's li'l code
- Well-intentioned sort
- Days: French
- Taj Mahal's site
- Exhausted
- Moray-like
- Back talk
- Canada, \_\_\_ and Free

- Filmmakers Joel and Ethan, \_\_\_ Brothers
- T-Bird member in "Grease" (1978)
- Exploding devices
- Mike Myers SNL sketch, "\_\_\_ with Linda Richman"
- 'Chick' suffix
- Jamie of "M\*A\*S\*H"
- Takes for agents, for short
- Sure-saying sailor
- Moor shrub
- RCD = Royal Canadian \_\_\_
- Alphabetic sequence
- Scandinavia-set epic tale
- Palm places, puny-ly
- Kraft, Aero or Tide, etc.
- Look up
- Bird of Jove
- The Canadian \_\_\_ (News agency)
- Concrete chunk
- Gentle
- Balanced
- Shuffled up vowels
- "Norma \_\_\_" (1979)

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



Today

24°/19°

Showers

60%

Thursday

24°/18°

Showers

60%

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